

Week 5 - Day 3

You have been made right with God and are at peace with Him! You no longer have to strive, blame, or live in shame because you are fully justified in Christ. Instead of being condemned, even that blame and shame comes up in us, we need to realize that it is a natural response, and not get under condemnation, but again quickly recognize that it's the flesh. It's just the old man. I can just as easily step into faith in what Christ did for me, as I can stay in blame and shame.

1. Write down some areas where you are aware that you are striving or measuring yourself to feel justified apart from Christ.

2. Now, begin a prayer of repentance to the Lord for striving and measuring yourself. You may write out your prayer if you would like here:

Week 6 - Day 3

Areas in our hearts and lives that feel stuck are simply areas that we need to get revelation of being fully justified in Christ. This might be a pattern of behavior or a circumstance or situation. We want to go to the next level. Read Romans 5:3-5:

“And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.” (NASB)

2. What trial(s) are you currently going through?

3. Are you glorying in it? What does it look like to glory in it?

4. Are you exulting? What could this look like?

5. What are you exulting in?

Digging Deeper Week 6 - Day 4

We want to exult in what we're going to learn about God and discover about who He is and who He is in us and through us. This is about process, not perfection.

1. Are you glorying in your trial? Why or why not? Just be honest with yourself because that's the only way you can make an honest exchange with God.

2. How can you begin to exchange your current response for a Biblical one?

Week 7 - Day 1

“Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus... and do not go on presenting the members of your body to sin as instruments of unrighteousness; But present yourselves to God as those alive from the dead, and your members as instruments of righteousness.” Romans 6:11, 13

1. What pattern of behavior or thought in your life is not bringing fullness?

2. Ask the Lord for the revelation you need to change that pattern or behavior. Journal here:

Week 7 - Day 2

Read Romans 7:2-6:

“For the married woman is bound by law to her husband while he is living; but if her husband dies, she is released from the law concerning the husband. So then, if while her husband is living she is joined to another man, she shall be called an adulteress; but if her husband dies, she is free from the law, so that she is not an adulteress though she is joined to another man. Therefore, my brethren, you also were made to die to the Law through the body of Christ, so that you might be joined to another, to Him who was raised from the dead, in order that we might bear fruit for God. For while we were in the flesh, the sinful passions, which were aroused by the Law, were at work in the members of our body to bear fruit for death. But now we have been released from the Law, having died to that by which we were bound, so that we serve in newness of the Spirit and not in oldness of the letter.” (NASB)

1. Where are you still married to the “old husband” (patterns of behavior like hiding, fear, and deception)?

2. Begin to meditate on the new marriage relationship, and write down any new revelation you receive.

3. Make an exchange with these new truths.

Week 8 - Day 1

Read Romans 6:1-14.

“What shall we say then? Are we to continue in sin so that grace may increase? May it never be! How shall we who died to sin still live in it? Or do you not know that all of us who have been baptized into Christ Jesus have been baptized into His death? Therefore we have been buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life. For if we have become united with Him in the likeness of His death, certainly we shall also be in the likeness of His resurrection, knowing this, that our old self was crucified with Him, in order that our body of sin might be done away with, so that we would no longer be slaves to sin; for he who has died is freed from sin. Now if we have died with Christ, we believe that we shall also live with Him, knowing that Christ, having been raised from the dead, is never to die again; death no longer is master over Him. For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus. Therefore do not let sin reign in your mortal body so that you obey its lusts, and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God. For sin shall not be master over you, for you are not under law but under grace.” (NASB)

You are dead to sin.

1. Wrestle with the Truth that you are dead to sin and what that means. Ask the Lord for revelation of what this means for you. Journal here:

2. Now, exchange your old man for the newness in Christ. Journal your process here.

Week 8 - Day 2

Read Romans 6:12-23:

“Therefore do not let sin reign in your mortal body so that you obey its lusts, and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God. For sin shall not be master over you, for you are not under law but under grace. What then? Shall we sin because we are not under law but under grace? May it never be! Do you not know that when you present yourselves to someone as slaves for obedience, you are slaves of the one whom you obey, either of sin resulting in death, or of obedience resulting in righteousness? But thanks be to God that though you were slaves of sin, you became obedient from the heart to that form of teaching to which you were committed, and having been freed from sin, you became slaves of righteousness. I am speaking in human terms because of the weakness of your flesh For just as you presented your members as slaves to impurity and to lawlessness, resulting in further lawlessness, so now present your members as slaves to righteousness, resulting in sanctification. For when you were slaves of sin, you were free in regard to righteousness. Therefore what benefit were you then deriving from the things of which you are now ashamed? For the outcome of those things is death. But now having been freed from sin and enslaved to God, you derive your benefit, resulting in sanctification, and the outcome, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.” (NASB)

1. How have you presented the members of your body to sin as instruments of unrighteousness?

2. Imagine what it would look like to live in Christ. How can you begin to present the members of your body (mind, will & emotions) regularly to righteousness?

Week 8 - Day 3

Are you aware of strongholds in your life where the Truth is not impacting you? Write them down and then work through the steps to break the strongholds:

Strongholds:

1. Name the lack/sin (this brings humility as you confess)
2. Break your alignment with these and repent
3. Plead the Blood of Jesus (this brings cleansing to that place in your heart)
4. Ask Him to reveal the truth
5. As He reveals His truths in these places, declare that you choose to exchange the lie for each new truth He has given you. Ask Him for the grace to help you live wholeheartedly from this new place.
6. Continue to dialogue with the Lord about this to allow Him to build upon this new truth and work in your life.